



USER'S MANUAL

Thank you for purchasing TAGG KRONOS Smart Watch. We strive to provide you with quality products that offer complete ease of usage. Here is a detailed user manuthat will help you understand the features and functions of the product. Please read the manual carefully before using the product.

## Product Overview



## Product Parameters

- 1.3 inches, IPS Screen, Coloured LCD
- Full Touch Panel
- IP68 Waterproof
- Bluetooth Version 4.0
- Battery: 200mAh
- Power Input: DC 5V 200mA
- Weight: 62 grams

## Product Features

### 1. Intelligent Alarm Clock

Set the alarm clock in the app, and the smartwatch will vibrate to remind you when the time is up.

The smartwatch can record the number of steps taken every day. The walking step data can be synchronized to the App. The data can be viewed from the App. The data will be reset at 00:00 every day

#### 3 Sleeping Monitor

The user has to wear the watch so that their sleep pattern can be detected. Adjusting your sleeping time according to the data's reference would improve your body's health index. Monitor the sleep duration and the data will be cleared at 24:00 every day. The data can be synchronized to the App and the sleep data will include detailed information analysis and data record that can be viewed from the App.

#### 4 Heart Rate Monitor

Once you tap on the Heart Rate Monitor Interface, the heart rate monitoring will start. The test data will be displayed when the measurement is completed. The heart rate monitoring data can be synchronized to the App and the detailed data record can be viewed from the App.

Note: Please maintain the correct posture while monitoring the heart rate. The measurement results are for reference only, can not be used as medical dat

#### Exercise Mode

One can monitor the exercise duration of the whole day and the data will be cleared at 24:00 hours every day. Exercise mode data can be synchronized to the App. The exercise mode monitoring will give a detailed information analysis and data records can be viewed on the App.

#### 6. Find Smartwatch

Click "Find Smartwatch" in the app function list, and the Smartwatch will vibrate to remind.

### 7. Blood Pressure Monitor

On the blood pressure function interface, the blood pressure will automatically start measuring. The test data will be displayed when measurement is completed. The blood pressure monitoring data can be synchronized to the App. Detailed information analysis and data record can be viewed from the App.

Note: Please maintain the correct posture when measuring, the measurement result is for reference only, can not be used as medical data.

## 8. Blood Oxygen Monitor

On the blood oxygen function interface, the blood oxygen will be automatically measured and the test data will be displayed when the measurement is completed. The blood oxygen monitoring data can be synchronized and viewed on the App. Note: Please maintain the correct posture when measuring. The measurement results are for reference only and can not be used as medical data.

#### 9 Weather Forecast

Current day's weather information can be displayed on the interface. Note: To display the weather information, the smartwatch needs to be connected to the App on your mobile phone.

## 10 Music Control

Connect the watch with your mobile phone through the App. Manually open the mobile phone music player. You have the option to change tracks and also, pause/play

### 11. Take a picture with a Shake

After you turn on this function in the app's "Smartwatch function settings", click "Take a picture with a shake" in the function list to enter the photo taking interface and confirm

## Intelligent Anti-lost Control

Turn on the intelligent anti lost in the app "smartwatch function settings". When the mobile phone exceeds the Bluetooth distance, the smartwatch will vibrate to remind.

# Connecting with your Device

## 1. App Download

- Scan the QR code given on the user manual
- Download and install the app on the phone. (Supports IOS 9.0 & above, Android 4.4 & above. It does not support all mobile devices)

## 2. Connect Smart Watch

- Press the upper button on the right to turn on the Smart Watch.
- Turn on the phone's Bluetooth and location service and make sure the watch is not connected to any other device.
- · Open the TFIT App on your mobile phone.
- Click the function bar in the upper left corner. Click the app icon and click 'Search'
- Select the MAC string code matching the Smart Watch to display 'Bluetooth' request pairing
- · Click on 'pairing' and connect.

## 3. Smart Watch Operation

- After switching on the Smart Watch, in the dial display interface, slide down from the top of the screen to enter quick functions (battery display, Bluetooth connect, screen brightness, etc.)
- Slide up from the bottom of the screen to enter the menu interface of all functions. which can be flipped in multiple pages
- Swipe from the rightmost end of the screen to the left to enter the sports function.
- Swipe from the leftmost end of the screen to the right to enter the main function interface, which can expand all functions more by swiping the screen up, down, left and right.

After the Smart Watch is connected successfully, it will be synchronized with the time and date of the phone. The app can be synchronized with the movement state of the Smart Watch such as step counting, sleep rate, heart rate, blood pressure, etc. Short press to turn off the interface and long-press the touch

- Use the magnetic charger to connect the metal contacts on the back of the watch.
- Connect the other end of charger to USB Charging Dock or to your computer.
- . It takes upto 2 hours to completely charge the Smart Watch.

# Reconnect the Smart Watch

• Each time you open the App, the watch will automatically connect to the phone. Make sure that the bluetooth has been enabled on your device.

# Restore Factory Settings

▶ In the SmartWatch settings function, find and click restore factory, and then one can clear all data in the smartwatch

## Accessories List

- 1 x TAGG KRONOS Smart Watch
- 1 x Charger 1 y User Manua









- The watch should be kept away from fire as it might cause an explosion. The battery life varies according to the environment and usage mode
- This product is not a medical device. The watch and its application should not be used

We offer simply the best customer support that will never rest until you are absolutely satisfied! TAGG products come with 12 months replacement warranty. Product registration is mandatory on our website within 15 days of your purchase in case you want to claim the warranty.



TFit



Thank you for choosing TAGG as your trusted brand of Smart Watch. we sincerely hope that you make the most out of KRONOS Smart Watch. We love making our customers happy by providing true value with our products. If due to any reason you are not completely satisfied with your purchase let us know immediately.

Contact Us: support@taggdigital.com Customer Support No.: +918448010020 Website: www.taggdigital.com

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